

MEMAG PEASANT STAFF LEHRLING LEVEL TEST (68)

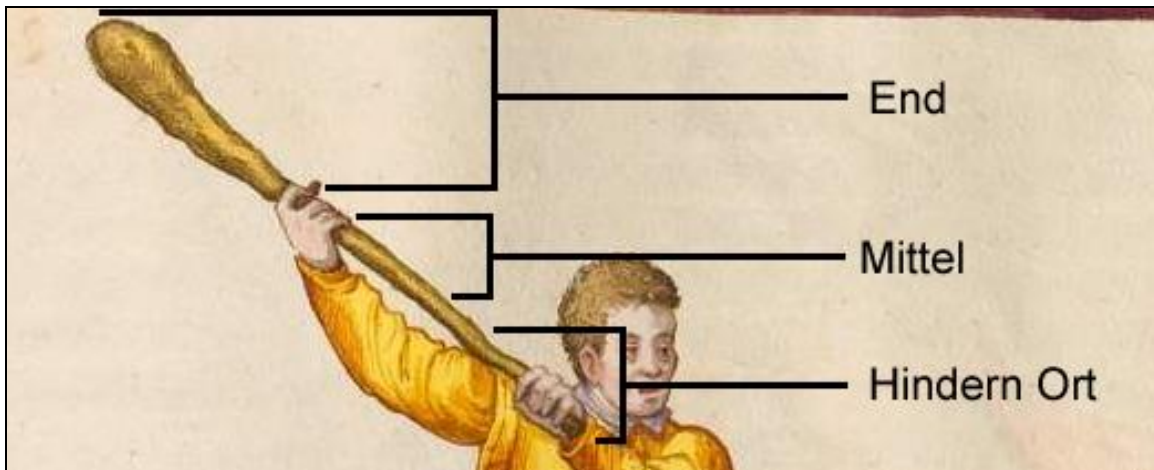


General

- [] History of the Art
 - Written down by Paulus Hector Mair after 1542 as part of his attempt to preserve the indigenous arts of the region.
- [] Bauren Stanggen
 - Bauren Stanggen translates to Peasant Staff.
 - 4-5 foot unfinished staff usually weighted on one end.
- [] Gripping the Staff
 - Grasp is like long sword with the exception that hands can be wider apart.
 - Left hand on Hindern Ort. Right hand on Mittel.
- [] Stance/Footwork

- Stance and footwork same as long sword.
- [] Staff Fighting
 - Approach generally same as longsword
 - Peasant Staff striking is the most optimal attack.
 - While thrusting can be done, Mair does not discuss or use.

- [] Parts of the Staff
 - Three parts: the Hindern Ort, Mittel, End, (Mair doesn't specify a name to the striking part)



Leger

- [] Hoch (1,2)
- [] Hinder (3,4)
- [] Achsel (5,6)
- [] Ochs (7,8)
- [] Langenort (9,10)
- [] Nebenhut (11,12)
- [] Weschel (13,14)
- [] Alber (15,16)

Schlagen

- [] Oberschlegen High (1,2)
- [] Oberschlegen Low (3,4)
- [] Zornschlegen (5,6)

Zwen Ober Schleg(1)

- [] Step and Oberschleg from right Hoch (1) **Left foot forward**
- [] *From right Hinder, step back, take strike away left, strike to his head with a step forward* (2) **Left forward**
- [] Hang left, step back, triangle to your right and strike to right arm, abzug (3) **Right forward**
- [] Das geht zu paiden seiten (4,5,6)

Ainn Anpund(2)

- [] Oberschleg from right Hoch (1) **Right foot forward – no step**
- [] *Bind from right Achsel, if he is hard in bind step and schnappen to his right arm (2) **Right foot forward***
- [] Hang right, step and strike his head then abzug (3) **Right foot forward**
- [] Das geht zu paiden seiten (4,5,6)

Ein Mordschlag(3)

- [] From right Hoch step and Obeschlag to head (1) **Left foot forward**
- [] *From left Achsel, wind the staff in front of your , take strike away to your right, keep winding staff around head, step and strike his head (2) **Right foot forward***
- [] Displace with crossed hands on the left , strike his left neck so you hit him to the earth (3) **Right foot forward - no step**
- [] Das geht zu paiden seiten (4,5,6)

Ainn Unnderer Schlag Gogen Ainem Abnemen (4)

- [] Oberschlag from left Ochs at shank (1) **Right foot forward**
- [] *From left Ochs hangen parry right, step and strike to the head (2) **Right foot forward - step***
- [] Step back with right, take away his strike to your right, step in and strike his head, abzug (3) **Right foot forward**
- [] Das geht zu paiden seiten (4,5,6)

Ein Annderer Mord Schlag In Der Bauren Stangen (5)

- [] From left Hoch, **Step and** Oberschlag at his right shank (1) **Right foot forward**
- [] *From left Hoch, hang left ,go in front and around head to right side and hangen parry- and strike to his right arm. (2) **Right foot forward – no step***
- [] Strike his staff up and on his weak , step with right and strike between arms to head to the earth (3) **Left foot forward**
- [] Das geht zu paiden seiten (4,5,6)

Mer Ein Mordschlag (6)

- [] From right Weschel (low guard), Oberschleg to his right arm with a step **Left foot forward**
- [] *From left Alber, step back with right, parry from above to right,step and strike to his head **Right foot forward***
- [] Go around head and take away his strike to the left, go around head again and strike his left head so that he falls to the earth **Right foot forward**
- [] Das geht zu paiden seiten (4,5,6)

Zwen Ober Schleg (7)

- [] From left Langenort, Oberschleg to his left head **Right foot forward**
- [] From right Langenort, step back with left, take his strike off right, step and strike his left neck **Left foot forward**
- [] Step with right foot back, take away his strike left, step in and strike his left head **Right foot forward**

[] Das geht zu paiden seiten (4,5,6)

Mer Ain Mord Schlag Inn Der Bauren Stangen (8)

[] From left Ochs, step and strike his head **right foot forward**

[] From left Ochs, take away to left, triangle step with left to right, strike to left arm **right foot forward**

[] Triangle step to right voiding arm strike, strike him to the head to the earth **Left foot forward**

[] Das geht zu paiden seiten (4,5,6)

Testing

All techniques in paired drills

[]

Discussion of principles, tactics and other lessons

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Random Encounters (14)

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Sparring Matches Won (10)

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Member of Peasant Staff class for at least three months

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