

## MEMAG LEHRLING MESSER TEST (67 Techniques)

### General

- [ ] History of the messer
- [ ] Parts of the messer
- [ ] Off-hand behind the back
- [ ] Off hand can strengthen grip or wrestle
- [ ] The cuts
  - [ ] Four cuts (1,2,3,4)
  - [ ] Mittelhauen (5,6)
- [ ] Stabs
  - [ ] Oberstich (1,2)
  - [ ] Unterstich (3,4)
- [ ] Guards
  - [ ] First/Nebenhut (1,2)
  - [ ] Vom Tag (3,4)
  - [ ] Pflug (5,6)
  - [ ] Ochs (7,8)
  - [ ] Mittelhut (9,10)
  - [ ] Wechsel (11,12)

### Talhoffer

- [ ] Obergriffen and oberhau (1)
- [ ] Nagel and elbow push and cut (2)
- [ ] Unterhau to the wrist and death (3)
- [ ] Obergriffen and bauchstich (4)

### Kal

- [ ] Oberhau from outside to the wrist (1)
- [ ] Oberhau bind and schnitt (2)
- [ ] Bind and turn out the wrist, oberhau (3)
- [ ] Obergriffen with shirt grab and oberhau (4)
- [ ] Obergriffen with shirt grab and throw (5)
- [ ] Counter by pressing blade to the neck (6)

### Wallerstein

- [ ] Nagel and niderstoss (1)
- [ ] Nagel and turn the wrist in (2)
- [ ] Crooked displacement, lay pommel over wrist, pull to self, throw back over left with left (3)
- [ ] Crooked displacement, left arm over his messer under his arm, lay blade on his neck (4)
- [ ] Nagel, cut off his wrist when he cuts around (5)
- [ ] Gewappet ort with blade on his neck and throw back over left (6)
- [ ] Counter gewappet ort with a throw with the pommel (7)
- [ ] Gewappet ort, put pommel over wrist, disarm (8)

### Emring

- [ ] Crooked displacement from right Nebenhut and cut (1)
- [ ] Crooked displacement from left Nebenhut and cut (2)
- [ ] Nagel and face stab (3)

- [ ] Right wechsel, hanging parry and cut (4)
- [ ] Gewappet ort and hand slice (5)
- [ ] Left mittelhut, hanging parry and cut (6)
- [ ] Gewappet ort and chest stab (7)
- [ ] Right wechsel, half hanging parry, arm wrap and slice through face (8)
- [ ] Disarm against crooked displacement (9)
- [ ] Nagel, elbow lock and throw (10)
- [ ] Left vom tag, cut away left and cut off the hand (11)

### **Durer**

- [ ] Disarm with blade under wrist from gewappet ort (1)
- [ ] Failer against nagel (2)
- [ ] Duplieren against nagel (3)
- [ ] Abnehmen against nagel (4)
- [ ] Absetzen from first guard (5)
- [ ] Unterdurchstech armbar from first guard (6)

### **Alternate Weapons**

- [ ] Dagger 1 (1)
- [ ] Dagger 2 (2)
- [ ] Dagger 3 (3)
- [ ] Gewappet Ort against a right oberhau (4)
- [ ] Outside absetzen against right oberhau (5)
- [ ] Absetzen against right oberhau (6)
- [ ] Fall on his arms when he cuts to Alber (7)
- [ ] Hanging parry to left against unterstich (8)
- [ ] Nagel against right oberhau (9)
- [ ] Schlechter versetzen and serpentine wrap (10)

### **Testing**

#### **All techniques in paired drills**

[ ]

#### **Discussion of principles, tactics and other lessons**

[ ]

#### **Random Encounters (21)**

[ ]

#### **Sparring Matches Won (10)**

[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

#### **Member of Messer class for at least three months**

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